



# Getting Started with the Knowledge Hub



## Adult Services

### Who is this resource for?

This resource is designed for practitioners working in health and social care settings that support adults.

### What is the purpose of this guide?

The Team Teach Knowledge Hub brings together a wide range of resources to support staff in different roles and this guide highlights a small selection of materials to get you started.

These resources are intended as a useful starting point rather than a complete list and include core materials to support you in your role and help guide your professional practice.

As you continue to explore the Knowledge Hub, you may wish to access and use additional resources that align with your current priorities.

### As you use the guide, consider:

- Which resources feel most relevant to my role right now?
- Which ideas could I apply in my day-to-day practice?
- Where might I want to develop my knowledge further?
- Who could I share or discuss these resources with?





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## Adult Services

Please note: in this guide, different colours denote different content types:

Download

Article

Podcast

Video

Supporting Behaviour in Adult Care

Transitioning From Child to Adult Services

Supporting Adults in Shared Living

Distressed During Personal Care Scenario

Verbal Aggression in Aged Care

Supporting Individuals with Down Syndrome

Learning Disabilities and Dementia

Team Teach for Carers of Adults

Support for Adults with Learning Disabilities

Supporting Adults to Develop Life Skills

Supporting Individuals with Complex Needs

How Early Experiences Affect Older Adults



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## Generic Resources

Please note: in this guide, different colours denote different content types:

Download

Article

Podcast

Video

Supporting Staff Wellbeing

Strengthening Staff Retention

Embedding Team Teach Principles

Defining Your Organisation's 'Why'

Behaviour is Communication Posters

Supporting Staff in Residential Care

Embedding Relational Practice in Policy

Writing Effective Accessibility Plans

Individual Risk Assessment Template

8-Week Staff Induction Programme

Reducing Risk and Supporting Crisis Behaviour

Supporting Agency Staff with Behaviour